

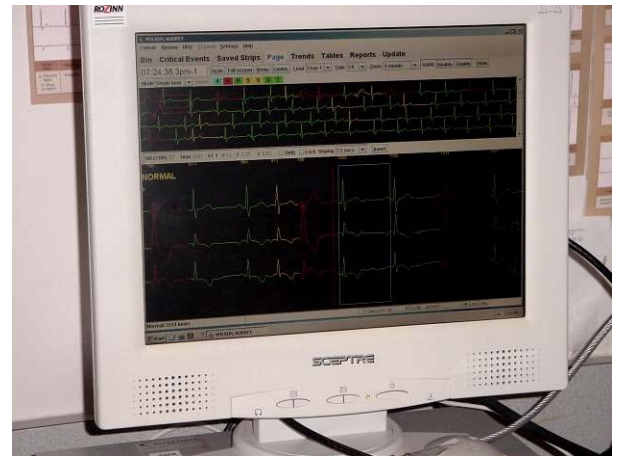
Fact sheet Cardiology



- **Cardiovascular disease is the cause of one-third of Surrey's deaths each year**
- **SMH treats more than 450 heart attacks and more than 3600 heart-related diagnoses each year**
- **Residents of South Asian descent are a high-risk group for heart disease**
- **Global Registry of Coronary Events (GRACE) data finds SMH has among the lowest percentage of heart-related, in-hospital deaths in the world.**

Outpatient Cardiac Programs

- **Heart Function Clinics:**
Designed for patients who have heart failure, it aims to improve the patient's symptoms, optimize quality of life and prevent hospitalization through close monitoring.
- **The Cardiac Rehab Program:**
An 8-week education and exercise program recommended to patients who have recently been diagnosed with cardiac disease.
- **Lipid Clinics:**
This program provides a team approach to managing high cholesterol and cardiovascular risk or disease.
- **The Heart & Stroke Walking Club:**
Walkers meet at the hospital 3 times a week at 12:30pm for a brisk ½ hour walk.



- **Surrey Memorial Hospital Foundation has helped fund close to \$500,000 in cardiology equipment and programs in the past few years.**
- **Examples include a cardiac ultrasound, electrocardiogram machines, and a holter scanner machine.**
- **A \$100,000 donation by Sun Life Financial has helped create the Punjabi Cardiac Rehabilitation Education Program at SMH.**